

Traditional African Food

We have been studying the physical geography of Africa affects how people make a living. Depending on the climate and vegetation region, there are significant differences in the traditional foods of Africans prepare and serve.

In this activity, you will:

- research and prepare one traditional dish from an African country of your choosing.
- share your research about your country in one paragraph and your recipe and rationale for why this meal is traditionally made in a second paragraph.

Your Traditional African Food

Please prepare enough food to share with all of the students in your social studies class. Please list all of the ingredients on an index card.

Your Written Reflection

Your written response should be in paragraph format, with accurate, detailed supporting evidence.

Paragraph 1 should include concrete detail and commentary about

- how the climate and vegetation of the region influence this traditional African dish
- why this African dish is made by people in this country

Paragraph 2 should include concrete detail and commentary about

- what ingredients were used to make this traditional African dish
- why you chose to make this particular African dish

Collect your research notes here:

Name of your country:

Information about your country's climate:

| |
|--|
| |
| Information about your country's vegetation: |
| Traditional foods from your country: |
| The food that I will create is: |
| Ingredients that my food is made from: |
| How are these ingredients produced in your country? Are they grown(plants), raised (animals), or traded/bought (spices)? |

Use this graphic organizer to organize your writing:

Paragraph 1:

Intro or Hook: Start your paragraph with a little known fact about your country/food or a question that will get your reader's attention.

Background information: Provide information about your country's (1) climate, and (2) its vegetation

Thesis/Claim: State how the climate and vegetation of your country influenced your dish.

Paragraph 2: Describe the ingredients that your dish is made from. State your rationale for choosing to make this traditional African food.

Topic Sentence: Introduce your traditional African food and the ingredients it is made from.

Concrete Details (C.D.) and Commentary (C) - Expand upon your topic sentence. How are these ingredients produced in your country? Are they grown(plants), raised (animals), or traded/bought (spices)?

C.D. #1 _____

C # 1 _____

C.D. #2 _____

C # 2 _____

C.D. #3 _____

C # 3 _____

Concluding Sentence: (Sum it up) Why did you choose to create this dish?

The final draft of your article is due on **Friday, November 20th, 2015.**

*Your final draft must be either hand written in pen or typed.